

2010 EDUCATIONAL Gymnastics



At Waverley Gymnastics Centre, educational gymnastics is all about learning gymnastics skills in a fun environment for school aged children.



Some experts say that the greatest benefits of gymnastics training for children are physical: the amazing power, the unparalleled balance, and injury preventing agility and grace. Other experts say that the benefits are to the mind: the perseverance, the poise, the confidence, the attention to detail, the concentration. Which is right? Our experts know. The answer is, without a doubt, both.

Class times are set according to ages then all the groups running concurrently are graded into levels according to abilities.



Monday

4 - 5pm (Girls - born 2003 to 2005)
5 - 6:30pm (Girls - born in 2001/2002)
6:30 - 8:30pm (Girls - born 2000 to 1996)

Tuesday

4 - 5pm (Girls - born in 2004/2005)
4 - 5pm (Girls - born in 2002/2003)
5 - 6:30pm (Girls - born in 2001/2002)
5 - 6:30pm (Girls - born in 2002/2003)
6:30 - 8:30pm (Girls - born in 2000/2001)
6:30 - 8:30pm (Girls - born 1999 to 1996)

Wednesday

4 - 5pm (Boys & Girls - born in 2003)
4 - 5pm (Girls - born in 2004/2005)
5 - 6:30pm (Girls - born in 2000/2001)
5 - 6:30pm (Girls - born in 2001/2002)
6:30 - 8:30pm (Girls - born in 1998/1999)
6:30 - 8:30pm (Girls - born in 1997/1996)

Thursday

4 - 5pm (Girls - born in 2004/2005)
4 - 5pm (Girls - born in 2003)
5 - 6:30pm (Girls - born in 2001)
5 - 6:30pm (Girls - born in 2002)
6:30 - 8:30pm (Girls - born 1998 to 1996)
6:30 - 8:30pm (Girls - born in 2000/1999)

Friday

4 - 5pm (Boys & Girls - born in 2004/2005)
4 - 5pm (Girls - born in 2004/2005)
4 - 5pm (Girls - born in 2003)
5 - 6:30pm (Boys & Girls - born in 2001/2002)
5 - 6:30pm (Girls - born in 2001/2002)
6 - 8pm (Girls - born 2000 to 1998)
6:30 - 8:30pm (Boys - born 2000 to 1996)

Saturday

1:30 - 2:30pm (Girls - born in 2003)
1:30 - 2:30pm (Girls - born in 2005)
1:30 - 2:30pm (Girls - born in 2004)
2:30 - 4:30pm (Girls - born in 2001/2002)
2:30 - 4:30pm (Girls - born in 2000/2001)
2:30 - 4:30pm (Girls - born in 1999 to 1997)



Mt Waverley class times for 2010:

Children born in the years 2003-2005 usually attend 1 hour sessions, children born in the years 2003-2001 usually attend 1 or 1.5 hour sessions and children born in the years 2001 and older usually attend 2 hour sessions.

© Educational gymnastics at Waverley is for boys and girls aged 5 - 14 years and run from Mondays through to Saturdays. There are three campuses available; **Mt Waverley campus** 7 Dorrington Drive, Mount Waverley (Melways 70 G1), **Wesley College, Glen Waverley Campus** 602 High Street Road, Glen Waverley (Melways 62 A12) & **Lauriston Girls School, Armadale Campus** 52 Huntingtower Road, Armadale (Melways 59 B6).



For information on class availabilities call the office on 9887-9611, email admin@wagc.com.au or visit our website at www.wagc.com.au

